

Climate Actions - Top 30 Personal Tips

1. Eat less meat
2. Eat more beans
3. Compost your food scraps
4. Buy your fruits and veggies unwrapped
5. Bring your own bags for groceries (BYOB)
6. Bring your own containers for restaurant leftovers.....
7. Avoid bottled water
8. Use less plastic: (use glass containers; buy laundry detergent pods or sheets; use bar soap; reuse bags)
9. Recycle everything you can
10. Buy less stuff
11. Buy some used clothing
12. Avoid artificial fibers in clothing purchases
13. Reduce your online purchasing
14. Insulate your home
15. Get a heat pump
16. Get solar panels
17. Turn off the water when washing dishes and brushing teeth
18. Turn your thermostat down in winter and up in summer
19. Replace gas stoves with electric stoves when possible
20. Use a battery-powered leaf blower
21. Use a battery-powered lawn mower
22. Buy a rake
23. Use your newspaper bag to pick up after your dog
24. Walk and bike more
25. Take the train and bus more often
26. Get an electric car
27. Fly less this year than last year
28. Join a local environmental group
29. Contact local legislative offices with questions and ideas
30. Get involved in any way you can
31. Share your ideas and actions with others
32. Send your ideas to Chicago Area Peace Action
33. ...